

GARSTANG ST THOMAS

CHURCH OF ENGLAND SCHOOL

NEWSLETTER

5th February 2021

Artwork: Olive Wrathall

Christian Value this half term: **COURAGE**

Wednesday Worship: **WORRYSAURUS**

PTFA BINGO NIGHT

On Thursday next week it's the PTFA bingo night on Zoom. It's going to be great family fun! To take part, please go on Parentpay and buy a book or more (the book(s) will be posted to your house).

PLEASE sign up on Parentpay over the weekend so that the books can be posted out and will arrive on time.

MENTAL HEALTH WEEK

It's been Children's Mental Health week – please see Page 2 of the newsletter for information about support.

FRIDAY SPECIALS: FRIDAY 1:30PM

Next week's Friday Special is: GARSTANG'S GOT TALENT Teachers will share information with the children about how to take part next week.

YEAR 6 PARENTS' EVENING

Please follow instructions on the e-mail to book an appointment. If you have any problems, please get in touch.

HOME LEARNING REMINDERS

Please let us know if you need any stationery or to change reading books. With a little notice, we can arrange to have items ready for collection, at a distance, outside school (could be collected as part of your daily exercise) or we can deliver if required. Please e-mail: admin@garstang-st-thomas.lancs.sch.uk or give Miss Whittaker a call in the school office on 01995 603454.



REGULAR LIVE GOOGLE MEETS

The start of the day Google Meet is a key slot to find out what's happening in the day from each class teacher:

Infants: 9am/ Juniors 9:30am

WHOLE SCHOOL GOOGLE MEETS:

Monday PE: Infants 1:15pm Juniors 2pm

Tuesday: Wellbeing drop-in 12noon – 12:30pm with Mr Baker

Wednesday Worship: 10am

Friday Special: 1:30pm

Friday Celebration: 2:30pm

DIARY DATES

TERM DATES

Thu 11th Feb: **BINGO night by Zoom**

See below for more information

Mon 15th Feb: Half term

Mon 22nd Feb: Return to school

Fri 26th Mar: Last day of term

Mon 29th Mar – Fri 9th Apr: Easter break

Mon 12th Apr: Return to school

Reception: **Matthew Thompson, Winston Walling, Seth Dixon & Quinn Ainsworth**

Year 1: **Kai McGrath, Sophie Lamoury, Chloe Dyer & Phoebe Melville**

Year 2: **Thomas Holding, Emelia Dick, Jack Legge & Joey Wright**

Year 3: **Leo Sloan, Sophie Cherrett, Jackson Taylor & Esther Lowcock**

Year 4: **Flossie Beresford, Isla Rowlandson, Freya Burton, Harry Kay & George Jurin**

Year 5: **Izzy Orr, Isabella Mitchell, Connie McQuilton-Hull & Seb Beard**

Year 6: **Lillie Simmons, Noa Forga Allday, Josh Helme & William Oliver**



CHILDREN'S MENTAL HEALTH WEEK



Children's Mental Health Week has been a useful reminder for all of us about what we can do to support wellbeing of all the children. We don't just stop thinking about mental health after this week is over so please do get in touch if your child needs support.

WELLBEING DROP IN MEETS

Tuesdays @ 12 noon – children at home are invited to take part in a Google Meet drop in with Mr Baker (Pastoral Leader).
The Meet link will be posted in the stream just before the session.

12noon – 12:30pm – join us!

SUPPORT FOR YOUR CHILD

Please do get in contact if you feel your child needs support. We can offer support from school but also signpost to support organisations and make referrals.

LOCAL PARENT/CARER SUPPORT

Garstang Free Methodist Church is running a [session for parents/carers](#) – join on Zoom for top tips, information and discussion about how we can look after our children's mental health and emotional wellbeing.
Wednesday 10th February at 19:30
Zoom - 862 1547 1942
code - 338146



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF



Your time,
your words,
your presence

GST PTFA PRESENTS

LOCKDOWN 3.0

FAMILY BINGO

THURS 11TH FEB 2021

£5 per full book - 10 games
Chocolate prizes for line and house
Zoom link to be provided
Payment via ParentPay

ONLINE SAFETY NEWSLETTER

Our online Safety Newsletter for February has been published view online:

<https://www.garstangstthomas.com/wp-content/uploads/2021/02/Online-Safety->



Garstang St Thomas Church of England Primary School

Online Safety Newsletter February 2021

Are you back to helping your child learn at home? We hope this article will provide you with some useful pointers.

Learning online

- Follow your school's rules on communicating and only use those approved channels to communicate with your teacher/school.
- When participating in any live teaching try to do this in a family area.
- Ensure appropriate clothing - no pyjamas etc.
- Set scheduled breaks from screen time.
- Only use web resources that your school have recommended or known reliable sources.



Keeping in touch

Is your child using a Conferencing app as part of keeping in touch with school such as Microsoft Teams, Google Meet or Zoom? This article provides you with some general advice to help you keep your child safe as well as further links tailored specifically to the app/platform they may be using:
<https://www.net-aware.org.uk/news/keeping-kids-safe-on-conferencing-apps/>

ENGLAND LOCKDOWN

STAY AT HOME

**THE NEW VARIANT OF CORONAVIRUS IS SPREADING FAST.
WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.**

▶ LEAVING HOME

You must not leave, or be outside of your home or garden, except for a very limited set of exemptions e.g. to shop for basic necessities, exercise, go to work if you cannot do so from home, or to escape risk of harm.

▶ MEETING OTHERS

You cannot leave your home to meet socially with anyone, except with your household or support bubble (if eligible to form one). Stay 2 metres apart from anyone not in your household or support bubble.

▶ EXERCISE

You may exercise on your own, with your household or support bubble, or with one person from another household (when on your own). Stay 2 metres apart from anyone not in your household or support bubble.

▶ BARS, PUBS AND RESTAURANTS

Hospitality closed aside from sales by takeaway (until 11pm), click-and-collect, drive-through or delivery. Alcohol cannot be purchased through takeaway or click-and-collect from hospitality venues.

▶ RETAIL

Essential shops can open. Non-essential retail must close and can only run click-and-collect and delivery.

▶ WORK AND BUSINESS

Everyone must work from home unless they are unable to do so.

▶ EDUCATION

Early years settings open. Primary and secondary schools and colleges move to remote provision except for vulnerable children and children of critical workers. Most university students to move to remote learning.

▶ LEISURE AND SPORTING FACILITIES

Closed, with limited exceptions.

▶ ACCOMMODATION

Closed, with limited exceptions.

▶ PERSONAL CARE

Closed.

▶ ENTERTAINMENT

Closed.

▶ OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply e.g. to stay with your support bubble.

▶ WEDDINGS AND FUNERALS

Funerals of up to 30 people permitted. Weddings up to 6 people permitted in exceptional circumstances. Wakes and other linked ceremonial events of up to 6 permitted.

▶ PLACES OF WORSHIP

Places of worship can remain open and communal worship is permitted, but you must not mix with those outside your household or support bubble.

▶ TRAVELLING

You must stay at home. If you do leave home for a very limited set of exemptions, you should stay local in the village, town, or part of the city where you live where possible. Do not travel abroad unless an exemption applies.

▶ CLINICALLY EXTREMELY VULNERABLE

Shielding reintroduced across England. You should not travel to work, school, college or university and should limit the time you spend outside the home. You should only go out for medical appointments, exercise or if it is essential.

▶ CARE HOME VISITS

Visits can take place with arrangements such as substantial screens, visiting pods, or behind windows. Close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak but end of life visits are permitted in all circumstances.



Government
Counter Fraud
Function

GOV.UK/coronavirus



Counter Fraud Authority

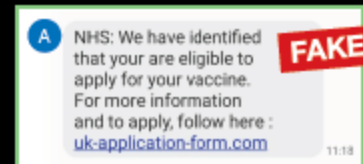
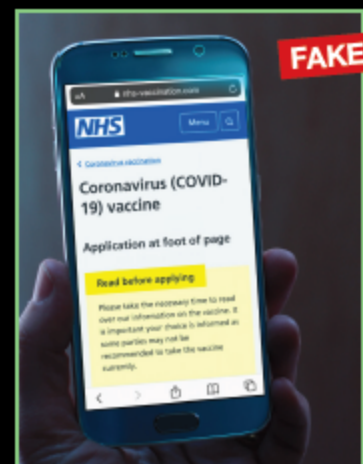
BE ALERT TO VACCINE FRAUD

Criminals are using the COVID-19 vaccine as a way to target the public by tricking them to hand over cash or financial details. They are sending convincing-looking text messages letting people know they are eligible for the vaccine or phoning people directly pretending to be from the NHS, or local pharmacy.

PEOPLE ARE WARNED TO BE ALERT TO THESE SCAMS

The **NHS** will:

- ⊗ NEVER ask for payment - the vaccine is free
- ⊗ NEVER ask for your bank details
- ⊗ NEVER arrive unannounced at your home to administer the vaccine
- ⊗ NEVER ask you to prove your identity by sending copies of personal documents such as your passport



FURTHER GUIDANCE AND SUPPORT



National Cyber
Security Centre

If you receive a call you believe to be fraudulent, hang up. If you are suspicious about an email you have received, forward it to report@phishing.gov.uk. Suspicious text messages should be forwarded to the number 7726 which is free of charge.



If you believe you have been the victim of fraud or identity theft, you should report this directly to Action Fraud either online; actionfraud.police.uk or via phone 0300 123 2040.



If you have any information relating to vaccine fraud you can stay 100% anonymous by contacting Crimestoppers COVID Fraud Hotline online; covidfraudhotline.org or phone 0800 587 5030.