



GARSTANG ST THOMAS

CHURCH OF ENGLAND SCHOOL

NEWSLETTER

HALF TERM BREAK

Well done to all our children for settling into school so well and working so hard this half term. We hope you have a good break and we look forward to welcoming the children back on Tuesday 1st November.

PARENTS' EVENING

We are planning to hold parents' evening, in school, on the 9th and 10th of November. The online booking system opens at 6pm this evening: [garstangstthomas.schoolcloud.co.uk](https://www.garstangstthomas.schoolcloud.co.uk)

SCHOOL DAY CONSULTATION

We're proposing to make a small change to the start and end of school day times from January 2023. Please read about the proposal here:

<https://www.garstangstthomas.com/school-day-consultation/>

HEALTHY EATING

Last year's school council have been working on a project focused on health eating. In assembly on Wednesday, they shared lots of reminders about how to eat healthily. As they hand over to this year's school council, they shared two main targets to improve what we eat at lunchtimes in school:

- Eat more vegetables/fruit – at least one portion at lunchtimes. Those on school meals to eat all their vegetables/ choose healthy desert options
- Reducing items that are not healthy choices down to 1 at lunch time (if any).

If you are worried about your child's health/fitness/diet, please contact [Mr Baker](#) our pastoral leader. We will partner with you to support your child.

SCHOOL MEALS – NEW MENU

The new school menu is being sent out today. This menu starts on Monday 7th November. **Please note, there is now no need to choose options in advance.** There will be flexibility and children can choose on a daily basis. In school we will support children to choose a meal they are happy with and also encourage health choices.

POPPY APPEAL

Poppies are available in school. School councillors will have a stall outside school after half term.

SCHOOL NASAL FLU VACCINE

Have you signed up yet? Please see below in the newsletter.

Friday 21st October 2022

Rev. Michael Worship: Genesis 2:15
Wednesday assembly: Healthy Eating

DIARY DATES

Mon 24th Oct – Mon 31st Oct: Half term break and INSET day (children not in school)

Tues 1st Nov: Back to school

Wed 2nd Nov: Y5 Tower Wood residential (2 nights)

Wed 9th Nov: Parents' evening

Thurs 10th Nov: Parents' evening

Wed 16th Nov: Reception educational visit

Fri 18th Nov: PTFA disco party

Wed 7th Dec: Nasal Flu Vaccination for Reception to Year 6 (see below)

Friday 16th Dec: last day of term

Full term dates are available from our website: www.garstangstthomas.com

See Christmas events below on page 2.

STAR OF THE WEEK AWARDS:

ZACHARY RICHARDS

ELEANOR WALLING

ISABEL BUTLER

HUGH WILKINSON

SCARLETT WRIGHT

CHARLOTTE PORTER

JAMES BAKER

MOLLY SOUTHWELL

DELILAH WOODHEAD

FREDDIE YATES

FINLAY HURST

JESSICA SMITH

BENJI BATEMAN

NOAH DYER

LILIA FINCH

BREAKFAST CLUB - ISAAC JOHNSON

AFTER SCHOOL CLUB - ELORA HAKEN

These children will receive their awards in the next Friday Celebration (after half term).

CHRISTMAS NATIVITIES AND EVENTS 2022

- Nursery Nativity (in school) Tuesday 13th December 2:15pm
- Reception Nativity (in school) Monday 12th December: 2:15pm AND 6:15pm
- Year 1 Nativity (in church) Wednesday 14th December 6:15pm
- Year 2 Nativity (in church) Tuesday 13th December 6:15pm
- Whole school end of term worship in church Friday 16th December 9:15am

With lots more to come...Christmas lunches, Santa dashes, carol singing etc. TBC

SCHOOL COUNCILLORS AND AMBASSADORS 2022-2023



GARSTANG ST THOMAS NURSERY



MESSAGE FROM MRS WILSON:

Good afternoon everyone,

This week we have been reading a book called 'Pumpkin Soup'. We have been exploring pumpkins and squashes, looking at the textures and different sizes and colours. We had a look inside one and used tweezers to remove the pumpkin seeds and used five frames to help us work out how many seeds we had. We talked about where pumpkins come from and how they grow and lots of the children talked about their experiences when going to a farm or shop to pick a pumpkin. We did some colour mixing to match the pumpkins and squashes and enjoyed painting using these colours. We have enjoyed stories in our school library and chosen our library books to take home. We have been in the school hall practising our ball skills and working hard playing parachute games.

We have had a fabulous half term with all your lovely children, enjoy the half term break and we will see you on Tuesday 1st November.

Kind regards

The Nursery Team 😊

Nursery Contact: Rachel Procter:
nursery@garstang-st-thomas.lancs.sch.uk





**Garstang St Thomas PTFA Presents
Reception & KS1 Disco Dance Party 6pm till 6.50pm
and
KS2 Disco Party 7pm till 7.50pm**

Friday 18th November 2022

More details to follow soon!

ANNUAL FLU VACCINATION 2022-2023 (LAIV NASAL SPRAY)

Dear Parent/Guardian,

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu. There may be a rebound in flu levels this coming winter following low levels in the past 2 years as a result of COVID-19 restrictions. The vaccination is free and is a quick, simple, painless spray up the nose.

Online Consent Form:

1. Please use the following link to access the online consent form:
www.bthimmunisations.co.uk/Forms/Flu
2. Please quote the unique school code. The code for your school is BP119528

Please complete the online consent form for both consent / no consent giving reasons.

Please inform the School Vaccination Team (Not School) of the following on

Blackpool, Wyre & Fylde: 01253 951984

Lancaster & Morecambe: 01524 406672

- If your child has steroid tablets prescribed two weeks prior to vaccination.
- If in the few days prior to vaccination your child has been wheezy.
- If consent is received and you take your child to your GP surgery to receive the vaccination.

It is your responsibility to contact the school vaccination team to ensure they do not receive the immunisation again.

A leaflet explaining the vaccination programme can be accessed by clicking the following link: [Flu vaccination for children](#)

Yours faithfully,

School Age Vaccination Team

Garstang and District Lions

BONFIRE



&



FIREWORKS

High Street Car Park

PR3 1EB

Adults / Over 16: - £5

School Age to 16: - £2

Pre School: - ---- Free

FOR SAFETY

NO
UNOFFICIAL

FIREWORKS
AND
SPARKLERS

Cash Only

6:30 Admission

7pm Bonfire

7:30 Fireworks

FOR SAFETY

NO
UNOFFICIAL

FIREWORKS
AND
SPARKLERS

Saturday November 5th

Refreshments Available

charity
HALLOWEEN
CLUBBERCISE

Tuesday, 25th October 7pm-8.30pm

Garstang St Thomas Primary School

Fancy dress encouraged!

£5 minimum donation - no booking required, just turn up!

All proceeds will be donated to Thumbs up for Charlie



Clubbercise with Rose: [Facebook Page](#) | [Thumbs up for Charlie web page](#)

USEFUL SCHOOL INFORMATION

- School times are available here:
<https://www.garstangstthomas.com/school-day-times/>
- Full term dates are available here:
https://schoolcalendar.lancashire.gov.uk/view/schoolCalendarV.asp?p_rec=02046
- Uniform, Hair and Jewellery Information:
https://www.garstangstthomas.com/wp-content/uploads/2022/06/02046_UniformHairJewellery2022-2023.pdf
- Breakfast and After-School Club booking information is available here:
<https://www.garstangstthomas.com/school-office-forms/>
- School swimming information (Year 3 are going swimming on Wednesday afternoons)
<https://www.garstangstthomas.com/swimming/>
- School curriculum information:
<https://www.garstangstthomas.com/curriculum/>



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