



GARSTANG ST THOMAS

CHURCH OF ENGLAND SCHOOL

NEWSLETTER

PARENTS' EVENING

We are planning to hold parents' evening, in school, on the 9th and 10th of November. The online booking system is open: garstangstthomas.schoolcloud.co.uk. The booking system closes on the 8th November.

CLUBS AND AFTER SCHOOL CLUB – NEXT WEEK

There will be no extra-curricular clubs (apart from Y5 singing club) on Wednesday and Thursday next week due to parents' evening in school.

After school club will be on as normal but collection from our reception classroom (external door).

YEAR 5 SINGING CLUB

The year 5 singing club is due to start this Wednesday and carry on each week. The club finished at 4:20pm.

RED TEAM NON-UNIFORM

The red team won team points for last half term. Children in the red team are welcome to wear non-uniform next Friday, 11th November.

PARENTS/CARER INTERNET SAFETY NEWSLETTER

This month's newsletter has been published: [View here](#).

REMINDER HEALTHY EATING

Last year's school council have been working on a project focused on healthy eating. Just before half term, they shared lots of reminders about how to eat healthily. As they hand over to this year's school council, they shared two main targets to improve what we eat at lunchtimes in school:

- Eat more vegetables/fruit – at least one portion at lunchtimes. Those on school meals to eat all their vegetables/ choose healthy desert options
- Reducing items that are not healthy choices down to 1 at lunch time (if any).

If you are worried about your child's health/fitness/diet, please contact [Mr Baker](#) our pastoral leader. We will partner with you to support your child.

SCHOOL DAY CONSULTATION

We're proposing to make a small change to the start and end of school day times from January 2023. Please read about the proposal here:

<https://www.garstangstthomas.com/school-day-consultation/>

SCHOOL NASAL FLU VACCINE

Have you signed up yet? Please see our last newsletter for further information.

www.garstangstthomas.com • office@garstang-st-thomas.lancs.sch.uk • 01995 603454

Friday 4th November 2022

Wednesday assembly: Open the Book

DIARY DATES

Wed 9th Nov: Parents' evening

Thurs 10th Nov: Parents' evening

Wed 16th Nov: Reception educational visit

Fri 18th Nov: PTFA disco party

Tue 22nd Nov: Y4 educational visit

Tue 29th Nov: Y2 educational visit

Wed 7th Dec: Nasal Flu Vaccination for Reception to Year 6 (see below)

Mon 12th Dec: Reception Nativity in school 2:15pm and 6:15pm

Tue 13th Dec: Nursery Nativity 2:15pm

Tue 13th Dec: Y2 Nativity in church 6:15pm

Wed 14th Dec: Y1 Nativity in church 6:15pm

Wed 14th Dec: After School Christmas party

Thu 15th Dec: Christmas jumper day/ non-uniform and Christmas lunch

Fri 16th Dec: Whole school end of term worship in church 9:15am (visitors welcome)

Friday 16th Dec: last day of term

STAR OF THE WEEK AWARDS:

LEXI BOARDMAN

BILLY DICKINSON

GEORGE FENN

RORY BLAKELY

SOPHIE GARDNER

JJ CLARKE

JACK HILTON

HARVEY REDMAYNE

JACOB BENNETT

PIPPA ROWLANDSON

ALL OF YEAR 5

ARTHUR SPICER

HOLLY BAKER

ZEREN IDEM

BREAKFAST CLUB - LUCY BENNETT

AFTER SCHOOL CLUB – FREDDIE OLIVER

These children will receive their awards in

the next week's Friday Celebration

YEAR 5 TOWER WOOD VISIT

A huge thank you to Mrs Bosson, Mr Baker, Mrs Taylor and Ms Wood for a great visit to Tower Wood this week.





GARSTANG ST THOMAS NURSERY



MESSAGE FROM MRS WILSON:

It has been lovely to welcome the children back after the holiday - they have been very eager to get stuck into great learning this week! Our older children start each day by taking part in Dough Disco. This is a fun activity which combines the use of play dough with a series of finger exercises designed to improve children's fine and gross motor dexterity, hand-eye coordination and self-esteem. Our younger children start with Squiggle Whilst You Wiggle. The children use 'flipper flappers' during dance sessions and learn a new gross motor movement to a piece of music, then transfer movement shapes into mark making. The overall aim with both these activities is to ultimately support children's handwriting skills.



This week our learning has been based around 'fire' in preparation for Bonfire Night! 🔥 We have read some stories about bonfire night and learnt about how to keep safe. We have painted sparkly firework pictures and made firework models. 🌟 The children have been fabulous firefighters outdoors driving the fire engine and putting out fires. Our older children have been exploring the importance of having something healthy to eat and drink every day for breakfast. They tasted different toppings, choose their favourites and prepared their own toast using these. We have been using the wheeled vehicles, balancing in PE, learning about 2D shapes in maths and we all went on a listening walk together.

Have a super weekend, The Nursery Team 😊

Nursery Contact: Rachel Procter: nursery@garstang-st-thomas.lancs.sch.uk

AFTER SCHOOL CLUB: ENJOYING TIME OUT IN THE FRESH AIR



Garstang and District Lions

BONFIRE



&



FIREWORKS

High Street Car Park

PR3 1EB

Adults / Over 16: - £5

School Age to 16: - £2

Pre School: - ---- Free

FOR SAFETY

NO
UNOFFICIAL

FIREWORKS
AND
SPARKLERS

Cash Only

6:30 Admission

7pm Bonfire

7:30 Fireworks

FOR SAFETY

NO
UNOFFICIAL

FIREWORKS
AND
SPARKLERS

Saturday November 5th

Refreshments Available



the
national
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle
with your child's
bedtime?

Will your child
not sleep in
their own bed?

WE CAN HELP

 **03303 530 541**

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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Wednesday 9am - 11am

POWERED BY



IN PARTNERSHIP WITH

**Furniture
Village**

USEFUL SCHOOL INFORMATION

- School times are available here:
<https://www.garstangstthomas.com/school-day-times/>
- Full term dates are available here:
https://schoolcalendar.lancashire.gov.uk/view/schoolCalendarV.asp?p_rec=02046
- Uniform, Hair and Jewellery Information:
https://www.garstangstthomas.com/wp-content/uploads/2022/06/02046_UniformHairJewellery2022-2023.pdf
- Breakfast and After-School Club booking information is available here:
<https://www.garstangstthomas.com/school-office-forms/>
- School swimming information (Year 3 are going swimming on Wednesday afternoons)
<https://www.garstangstthomas.com/swimming/>
- School curriculum information:
<https://www.garstangstthomas.com/curriculum/>



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