

# Nursery @ GST

## AUTUMN TERM NEWS



### Message from Mrs Wilson

Dear Parent/Carer,

Welcome back, everyone! A warm hello to all our returning children and families, as well as all our new families and children joining us this year! We hope you all had a wonderful summer filled with fun and adventure.

As we step into the autumn term, we have lots of exciting learning lined up! The children are getting used to the nursery routines beautifully, and it's wonderful to see how well they have settled in. Our activities will be engaging and tailored to spark their curiosity, fostering a love of learning right from the start.

Throughout this term, we'll explore a variety of themes that will inspire creativity and collaboration. Play is an essential part of our curriculum, and we can't wait to see the joy on their faces as they embark on new adventures together.

We are thrilled to have everyone back and eagerly anticipate a fantastic term ahead, filled with love, laughter and learning.

Best wishes, Mrs Wilson

### Key days of the week

**Mondays**

**School Library Visit  
(Preschoolers)**

**Tuesdays**

**PE (Autumn 1)  
(Preschoolers)**

**Wednesdays**

**Thursdays**

**PE (Autumn 2)  
(Preschoolers)**

**Fridays**

**School Library Visit  
(Preschoolers)**

### Reminders

- The children are provided with a morning and afternoon snack and a drink of milk or water. Drinking water is available all the time.
- Please send your child with a bag with spare clothes in every day.

Coming up for Nursery...

- Parents Drop in
- The full GST school Christmas experience including our Nursery Nativity Play



## Autumn Term Learning

Further curriculum information is available [here](#)

In autumn 1, our nursery children will explore the topic **'Who is a superhero?'** We will set up obstacle courses, training activities, and large-scale den construction to support their physical development. We will also discuss their special powers and real-life superheroes. In autumn 2, we will embark on an exciting journey into the fascinating world of light and dark', asking **'Why is it dark at night?'** We will also explore how artists use light to create captivating works of art and discover how different cultures celebrate with light.

## Communication and language

This term, our nursery children will be focusing on developing their speaking skills by using language with familiar adults and peers, creating sentences during play, following instructions, and answering questions like what, who, where, and when.

## Personal, social and emotional development

This term, our nursery children will explore feelings and learn about rules and responsibilities, from sharing with friends to understanding emotions. They'll also engage in healthy lifestyles, including fun ways to stay active, nutritious food choices, and the importance of dental care for growing smiles.

## Physical development

We will be thinking about ways of staying healthy and how we can incorporate exercise, sleep and healthy eating into our routine. We be focusing on developing our fundamental movement skills such as jumping, running, climbing and balancing.

## Literacy

We will be sharing good quality key texts encouraging the children to develop an interest in books and helping them to understand and enjoy stories. The children will be learning about new words, ideas and concepts, especially those that broaden their understanding of the world and stimulate their imagination.

## Mathematics

This term, our maths learning will involve a range of activities focusing on matching and sorting and making comparisons between objects. Subitising up to 3 objects and reciting numbers past. Using shapes for building thinking about their properties e.g. flat sides for stacking.

## Understanding the world

We will be learning about the past linked to ourselves and our families and about changes that have happened throughout our lives. We will go on walks around our school grounds thinking about what we can see and hear. We will be discussing our favourite places and use different vocabulary to describe the places.

## Expressive arts and design

We will explore colour mixing and take the opportunity to discuss our favourite colour and say why we like it. We will learn and sing a wide range of nursery rhymes and join in with actions.

## Religious Education

We will be talking about harvest time thinking about why Christians say thank you to God at harvest time, talking about God being the creator and, of course, preparing for Christmas!

### Contact us

#### Questions about learning

Please contact me on the GST school app or e-mail: [awilson@garstang-st-thomas.lancs.sch.uk](mailto:awilson@garstang-st-thomas.lancs.sch.uk).

#### Concerns

If you have a concern about something in nursery, please get in touch with me to arrange a telephone call or meeting.

#### Absence/appointments etc.

Please send a message to the school office on the GST school app.

#### Session times, billing & general queries

Please e-mail Rachel Procter: [nursery@garstang-st-thomas.lancs.sch.uk](mailto:nursery@garstang-st-thomas.lancs.sch.uk)

**If you need to get in touch  
urgently with school, please  
call the school office on  
01995 603454**